



NATIONAL CHILD DAY

Journey of Fun



The Lloydminster & Area Early Years Coalition is excited to celebrate National Child Day virtually this year! The Journey of Fun is full of exciting activities to do with your family over the next three weeks! [Click on each box below to play and explore at home](#) with your children. Once you have completed some activities, please fill out the short survey by **December 10th**. Your name will be entered in a draw on December 11th for some fantastic prizes! Thank you for celebrating National Child Day virtually with us this year!

FACE
PAINTING

WINTER
FAMILY FUN

FAMILY
OBSTACLE
COURSE

STRESS
BUSTER

FUN with
FOOD
BINGO

MEMORY
MOBILE

Lloydminster Children's
Charter Video Premier

Click to view the
NEW Lloydminster
Children's Charter

What will you do to bring the charter
to life for children in our community?

CALM
JAR

CHORE
TIME

ACTIVE
GAMES &
CRAFTS

FUN with
FOAM
PAINT

Discover the
Family Side
of Lloyd

FREE
BOOKS

Click here to
check out the
great PRIZES.

Scan or click for Survey



FUNDED IN PART BY THE FCSS LLOYDMINSTER GRANT

For more information, visit:
EarlyYearsMatterMost.ca



NATIONAL CHILD DAY Journey of Fun



Check out the many child and family resources available in Lloydminster & Area, visit:
<http://earlyyearsmattermost.ca/programs-resources/discover-the-family-side-of-lloydminster/>

PLAY is an important part of healthy child development. You are your child's best teacher! They will learn the most about the world from you. By playing with your child at home you are helping them:

- Reduce stress
- Build responsive relationships
- Develop life skills such as confidence, self-esteem, social skills, and coping with challenging situations

PLAY can be divided into three types:

- Active play involves action and whole-body movements such as tummy time, running, jumping, kicking, throwing and catching.
- **Creative play** uses hands and minds to build and create. This includes arts, crafts, blocks and puzzles.
- **Pretend play** uses language and thinking skills to learn about the world, develop imagination and solve problems. This includes acting out real-life and imaginary situations.

You can weave all three types of play into everyday activities with your child. So go ahead and play! It will help you feel better too!



And for more great resources, check out:

[More Play, Play More](#)
[Healthy Together](#)
